

SNQ SEXOLOGY NORTH QUEENSLAND

INTERNAL FAMILY SYSTEMS SUPERVISION

Certified IFS Therapist & Approved IFS Clinical Consultant offering group supervision for Internal Family Systems informed therapists and practitioners in Australia. IFS Level 1 training is not a pre-requisite for this offering.

This is a sexuality specific IFS group supervision space.

www.sexologynorthqueensland.com.au

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Internal Family Systems (IFS) is a powerful, evidence-based and non-pathologising model of psychotherapy that is highly effective for working through sexual issues. Whether it is for expanding erotic potential or easing internal distress, IFS can help clients understand their internal parts to create more pleasurable and empowering sexual experiences. A reflective, educational space for you to become more familiar with the principles of IFS and build skill confidence. This space will also help you with identifying your own therapist parts that come up when working with clients around sexual issues. Become connected to an inclusive and supportive Australian IFS community. A combination of case presentations and group discussions drawing from the expertise within the group, will form the basis of this supervision space.

DETAILS:

Group size: Closed group
(max. 6 participants)

Program length: 6 weeks
(2hrs/week)

Day/Time/Length: Thursdays
1-3pm (QLD/AUS time zone)

Conditions: Online via Zoom,
no recordings, no catch-up
sessions or fee discount for
missed sessions

Start dates for 2024:

Term 1 - 25th January

Term 2 - 2nd May

Term 3 - 11th July

Term 4 - 3rd October

Price: \$600

Attendance Certificate:

12 hours group
supervision provided at
completion of program



KATE DEMPSEY

Certified IFS Therapist, Approved IFS Clinical Consultant (IFS-I)

Program Assistant, IFS Level 2 IFIO

Accredited Psychosexual Therapist (SAS)

Clinical Sexuality Educator (SAS)

College of Counselling Supervisors (ACA)

"I am passionate about supporting counsellors and therapists of all training backgrounds with integrating IFS into their clinical practice."